Shim Jang Taekwondo PLEDGE

As a student of Shim Jang Taekwondo I solemnly promise;

- **1.** To abide by the rules and regulations of the school.
- 2. To respect my instructors leadership and always obey their instructions.
- 3. To use the art only for self defence or when absolutely necessary.
- 4. To do my best to maintain fitness and good health.
- **5.** To honour and respect the laws of our country.
- 6. To be honest, courteous and respectful to all my fellow members.
- 7. To train diligently and always maintain self discipline, control & perseverance.

As a student of Shim Jang Taekwondo I agree to abide by our Pledge.